My work from home date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

List any tasks or jobs you did today which could include: outside work in your garden; cleaning; cooking or baking; walking dogs; or any other tasks or jobs you are doing.

Tasks or jobs:

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| --- |
|  |

Skills I used today:

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| --- |
|  |
| Skills could include: Communication, Teamwork, Health and Safety, Following Instructions, Independent Work, Solving Problems, Food Hygiene, Lifting and handling, Helping Others, Kitchen Safety, Garden Maintenance, Time Keeping |