|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Morning | Morning | Morning | Lunch break | Afternoon | Afternoon |
| **Monday** | Wake up at \_\_\_\_ am:   1. Have a shower 2. Get dressed 3. Eat breakfast | Choose a Core  Subject | Indoor exercise: Dance DVD | L  U  N  C  H | Choose a Core  Subject | Chat to friends using technology |
| **Tuesday** | Wake up at \_\_\_ am:   1. Have a shower 2. Get dressed 3. Eat breakfast | Core  Subject | Indoor exercise Physio exercises | Time with family | Pathway |
| **Wednesday** | Wake up at \_\_\_ am:   1. Have a shower 2. Get dressed 3. Eat breakfast | Core  Subject | Time with family | Pathway | Chat to friends using technology |
| **Thursday** | Wake up at \_\_\_ am:   1. Have a shower 2. Get dressed 3. Eat breakfast | Core  Subject | Watch a film / TV series | Indoor exercise Physio exercises | Pathway |
| **Friday** | Wake up at \_\_\_\_ am   1. Have a shower 2. Get dressed 3. Eat breakfast | Core  Subject | Reading for fun! | Pathway | Time with family |

|  |  |  |  |
| --- | --- | --- | --- |
| Core | Pathway Subject | Pathway Subject | Other activities: |
| English | **PAVA** | **Hospitality and Catering** | **Dance**  **Watching a film**  **/TV** |
| Maths | **Sport** | **Health and Social Care** | **Time with family** |
| Independent Living Skills or Preparation for Adulthood | **Horticulture & Conservation** | **Creative Design** | **Exercise/physio:** |
| PSHE | **Trades: Mechanics** | **Trades** | **Use technology:** |



**ADD IMAGES (E.G. MAKATON OR PHOTOS) FOR THE LEARNER TO DRAG AND PASTE TO CREATE A WEEKLY TIMETABLE. AMEND THE TITLES OF EACH BOX TO MATCH THE LEARNER’S TIMETABLE.**