|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Morning | Morning | Morning  | Lunch break | Afternoon | Afternoon |
| **Monday** | Wake up at \_\_\_\_ am:1. Have a shower
2. Get dressed
3. Eat breakfast
 | Choose a CoreSubject | Indoor exercise: Dance DVD | LUNCH | Choose a CoreSubject | Chat to friends using technology |
| **Tuesday** | Wake up at \_\_\_ am:1. Have a shower
2. Get dressed
3. Eat breakfast
 | CoreSubject | Indoor exercise Physio exercises  | Time with family | Pathway |
| **Wednesday** | Wake up at \_\_\_ am:1. Have a shower
2. Get dressed
3. Eat breakfast
 | CoreSubject | Time with family | Pathway | Chat to friends using technology |
| **Thursday** | Wake up at \_\_\_ am:1. Have a shower
2. Get dressed
3. Eat breakfast
 | CoreSubject | Watch a film / TV series  | Indoor exercise Physio exercises  | Pathway |
| **Friday** | Wake up at \_\_\_\_ am1. Have a shower
2. Get dressed
3. Eat breakfast
 | CoreSubject | Reading for fun! | Pathway | Time with family |

|  |  |  |  |
| --- | --- | --- | --- |
| Core | Pathway Subject | Pathway Subject | Other activities: |
| English | **PAVA** | **Hospitality and Catering** | **Dance****Watching a film****/TV** |
| Maths | **Sport** | **Health and Social Care** | **Time with family** |
| Independent Living Skills or Preparation for Adulthood | **Horticulture & Conservation** | **Creative Design**  | **Exercise/physio:** |
| PSHE  | **Trades: Mechanics** | **Trades** | **Use technology:**  |



**ADD IMAGES (E.G. MAKATON OR PHOTOS) FOR THE LEARNER TO DRAG AND PASTE TO CREATE A WEEKLY TIMETABLE. AMEND THE TITLES OF EACH BOX TO MATCH THE LEARNER’S TIMETABLE.**