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| At college, you might be asked to stay 2 metres away from other people.  This is called social distancing. |  |
| You might be asked not to touch your nose, eyes, mouth or face. |  |
| When you cough or sneeze, use a tissue or do it into your elbow. |  |
| It is important to wash your hands regularly at college.  Some people use hand sanitizer too. |  |
| All these things will help keep you and your friends safe and well. |  |
| Doing these things will help us to stop coronavirus spreading and making people unwell. |  |