**Ideas for Home Activities and Development of Independence, Maths, ICT and English Skills**

**Notes for Parents/Carers**

The following activities can be used at home with learners of varying abilities and needs. Each activity will allow the learner to develop their independence skills within the home and community. The aim is for learners to gain confidence in household tasks and to work safely. Each activity embeds maths, English and ICT skills which can be tailored to meet the learner’s needs. The activities are practical and give opportunities for the learner’s input.

All resources needed for the activities can be found in the home environment. In addition there are extension activities that can be used to further develop knowledge and understanding around tasks carried out.

This resource also includes some ideas for documenting the history of lockdown with the learner.

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| **Activity** | **Skills covered** |
| Cooking  Use google to look up a recipe which could be a simple meal or a baking task.  Support with vocabulary gaps  Discuss cooking terms such as chop/slice/boil/steam/fry/poach  Support with hygiene tasks such as PPE/handwashing  Talk about health and safety in the kitchen, particularly in relation to Sharpe knives and hot ovens.  Allow the learner to gather ingredients  Support with weighing, measuring, preparation  Assist with the preparation of the dish or allow the learner to carry out the task independently.  Extension Activities   * Make a list of potential kitchen hazards * Research healthy food and unhealthy food and print out pictures for a poster * Plan a menu for the next day/week * Research recipes   Laundry  Support the learner with separating washing loads.  Discuss the different textures and colours of clothing items.  Count items of each colour.  Support with the washing procedure in regards to settings, measuring out fabric softener and detergent.  Set settings on washing machine/tumble dryer.  Learner to assist with hanging out washing and folding of dried clothing items.  Extension Activities   * Make a washing schedule, can use visual timetable if required. * Research costs of different washing products. * Spelling activities relating to laundry. * Develop independence skills by putting washing away, hanging and folding clothes.   Personal Care  Work with the learner to develop a daily self-care routine and work on independence for each item.  Read and follow instructions on hygiene products, work on unfamiliar words.  Extension Activities   * Research different types of teeth and their purpose * Learn hygiene related spellings e.g. wash, clean, toothpaste, shampoo. * Use a timer for teeth cleaning   Cupboard Spring Clean  Have a good tidy of items in the kitchen cupboards.  Look at dates and check they haven’t expired.  Discuss different shapes of items e.g. cans are cylinders.  Count number of items.  Discuss health and safety around cleaning products and PPE.  Extension Activities   * Use calendars to extend on dates/days/weeks/months understanding * Research different food storage safety rules.   Road Safety  During walks focus on road safety.  Allow the learner to identify safe places to cross.  Discuss dangers of not following road safety rules.  Discuss traffic light colours in relation to safety.  Count number of crossings/traffic lights.  Look out for different types of transport.  Extension Activities   * Design a road safety poster. * Write rules for road safety. * Watch road safety videos.   Money  Use change and notes to assist the learner with coin recognition.  Set up a mock shop with prices of items and allow the learner to purchase the items using correct change.  Extension Activities  Add coins together  Calculate change  Research costs of various items for shopping online  Produce a shopping list.    Activities to document lockdown history   * Paint rainbows for window display. * Create a NHS Thank You poster for your window. * Make a scrapbook using news cuttings, photos of family lockdown activities. * Create own news article about Coronavirus. * Make a plan, in pictures/photos or writing for activities to do after lockdown is lifted. * Keep a lockdown diary. | Maths:  Weight  Time  Volume  English:  Reading  Speaking and Listening  Vocabulary building  ICT:  Research  Maths  Counting  Machine number settings  Time  Measure  English  Follow verbal instructions  Discuss Health and Safety  Vocabulary building  ICT  Research  Maths  Time  Measure  English  Spellings  Follow verbal instructions  Vocabulary building  ICT  Research cost of products  Maths  Dates  Counting  Shapes  English  Follow verbal instructions  Speaking and Listening  Reading  ICT  Research  Maths  Counting.  Maps/route planning.  Time.  English  Follow verbal instructions.  Speaking and Listening.  ICT  Poster creation using suitable applications.  YouTube videos.  Maps  Maths  Money  Addition  Subtraction  Mental maths  English  Writing  Speaking and Listening  ICT  Online shopping prices comparison. |