**Ideas for Home Activities and Development of Independence, Maths, ICT and English Skills**

**Notes for Parents/Carers**

The following activities can be used at home with learners of varying abilities and needs. Each activity will allow the learner to develop their independence skills within the home and community. The aim is for learners to gain confidence in household tasks and to work safely. Each activity embeds maths, English and ICT skills which can be tailored to meet the learner’s needs. The activities are practical and give opportunities for the learner’s input.

All resources needed for the activities can be found in the home environment. In addition there are extension activities that can be used to further develop knowledge and understanding around tasks carried out.

This resource also includes some ideas for documenting the history of lockdown with the learner.

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| **Activity** | **Skills covered** |
| CookingUse google to look up a recipe which could be a simple meal or a baking task. Support with vocabulary gapsDiscuss cooking terms such as chop/slice/boil/steam/fry/poachSupport with hygiene tasks such as PPE/handwashingTalk about health and safety in the kitchen, particularly in relation to Sharpe knives and hot ovens.Allow the learner to gather ingredientsSupport with weighing, measuring, preparationAssist with the preparation of the dish or allow the learner to carry out the task independently.Extension Activities* Make a list of potential kitchen hazards
* Research healthy food and unhealthy food and print out pictures for a poster
* Plan a menu for the next day/week
* Research recipes

Laundry Support the learner with separating washing loads.Discuss the different textures and colours of clothing items.Count items of each colour.Support with the washing procedure in regards to settings, measuring out fabric softener and detergent. Set settings on washing machine/tumble dryer.Learner to assist with hanging out washing and folding of dried clothing items.Extension Activities* Make a washing schedule, can use visual timetable if required.
* Research costs of different washing products.
* Spelling activities relating to laundry.
* Develop independence skills by putting washing away, hanging and folding clothes.

Personal CareWork with the learner to develop a daily self-care routine and work on independence for each item.Read and follow instructions on hygiene products, work on unfamiliar words.Extension Activities* Research different types of teeth and their purpose
* Learn hygiene related spellings e.g. wash, clean, toothpaste, shampoo.
* Use a timer for teeth cleaning

Cupboard Spring CleanHave a good tidy of items in the kitchen cupboards.Look at dates and check they haven’t expired.Discuss different shapes of items e.g. cans are cylinders.Count number of items.Discuss health and safety around cleaning products and PPE.Extension Activities* Use calendars to extend on dates/days/weeks/months understanding
* Research different food storage safety rules.

Road SafetyDuring walks focus on road safety.Allow the learner to identify safe places to cross.Discuss dangers of not following road safety rules.Discuss traffic light colours in relation to safety.Count number of crossings/traffic lights.Look out for different types of transport.Extension Activities* Design a road safety poster.
* Write rules for road safety.
* Watch road safety videos.

MoneyUse change and notes to assist the learner with coin recognition. Set up a mock shop with prices of items and allow the learner to purchase the items using correct change.Extension ActivitiesAdd coins together Calculate changeResearch costs of various items for shopping onlineProduce a shopping list. Activities to document lockdown history* Paint rainbows for window display.
* Create a NHS Thank You poster for your window.
* Make a scrapbook using news cuttings, photos of family lockdown activities.
* Create own news article about Coronavirus.
* Make a plan, in pictures/photos or writing for activities to do after lockdown is lifted.
* Keep a lockdown diary.
 | Maths: WeightTimeVolumeEnglish: ReadingSpeaking and ListeningVocabulary buildingICT: ResearchMathsCountingMachine number settingsTimeMeasureEnglishFollow verbal instructionsDiscuss Health and SafetyVocabulary buildingICTResearch MathsTimeMeasureEnglishSpellingsFollow verbal instructionsVocabulary buildingICTResearch cost of productsMathsDatesCountingShapesEnglishFollow verbal instructionsSpeaking and ListeningReadingICTResearch MathsCounting.Maps/route planning.Time.EnglishFollow verbal instructions.Speaking and Listening.ICTPoster creation using suitable applications.YouTube videos.MapsMathsMoneyAdditionSubtractionMental mathsEnglishWriting Speaking and ListeningICTOnline shopping prices comparison. |